

**G. E. KAWIKA ALLEN, Ph.D.**

Assistant Professor  
 Counseling Psychology and Special Education  
 Brigham Young University

**CONTACT INFORMATION**

Brigham Young University  
 David O. McKay School of Education  
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<http://education.byu.edu/kawikaallen>

**EDUCATION**

- Ph.D. 2011                      **University of Missouri**, Columbia, MO  
 Counseling Psychology (Top-ranked APA accredited program)  
 Advisor and Dissertation Chair: P. Paul Heppner, Ph.D.  
 Dissertation Title: *Religiosity, coping, and psychological well-being among LDS Polynesians in the U.S.*
- 2010-2011                      **Duke University**, Durham, NC  
 Pre-doctoral                      Counseling and Psychological Services (CAPS)  
 Psychology Clinical              Division of Student Affairs  
 Intern                              APA-Accredited Pre-doctoral Psychology Clinical Internship  
    Clinical Supervisor: Gary Glass, Ph.D., Licensed Psychologist
- M.S. 2005                      **University of Utah**, Salt Lake City, UT  
 Educational/Counseling Psychology  
 Advisor and Masters Chair: Carla J. Reyes, Ph.D.  
 Thesis Title: *Biracial identity development: A multivariate profile analysis and theoretical formulation of racial identity among biracial Polynesian/Caucasian individuals*
- B.A. 1999                      **University of Utah**, Salt Lake City, UT  
 Speech/Organizational Communication  
 Minor: Spanish

**PROFESSIONAL EXPERIENCE**

- 2013 - present                      **Brigham Young University**  
 Assistant Professor, Tenure-Track  
 Department of Counseling Psychology and Special Education  
 (CPSE)
- 2011 - 2013                      **Southern Utah University**

Assistant Professor, Tenure-Track  
Department of Psychology

2010 - 2011

**Duke University**, Durham, NC  
Psychology Intern  
Counseling and Psychological Services (CAPS)  
APA-accredited Pre-doctoral Psychology Internship

## AWARDS AND HONORS

08/2012

### **Media Coverage**

Paper selected at the 2012 APA Convention to receive news attention  
**Allen, G. E. K.**, Wang, K., Reid, D., Fortenberry, H., Kelly, A., Orton, K., Baruffi, S., & Coker, K. (2012). *Examining aspects of religiosity, perfectionism, scrupulosity, and well-being among Mormons*. Poster presented at the American Psychological Association (APA) Convention, Division: 36 poster session, Orlando, FL.

03/2012

### **Professor of the Year (nominated)**

Southern Utah University  
Nominated for a Thunderbird Award by colleagues/students as a worthy candidate for the *Professor of the Year Award* in the **first year** as a faculty member at SUU.

04/2011

### **Research Recognition Award**

**Allen, G. E. K.** (2011). *American Polynesians and Psychological Well-being*. Poster Presented in the Georgia Psychology Association Annual Meeting, Atlanta, GA.

02/2011

### **Research Recognition Award**

Awarded financial honorarium for *Dissertation Research* from The 28<sup>th</sup> Annual Teacher College Winter Roundtable on Cultural Psychology and Education, 2011, Columbia University, NY, NY.

Dissertation:

**Allen, G. E. K.** (2011). *Religiosity, coping, and psychological well-being among LDS Polynesians in the U.S.* University of Missouri, ESCP, Columbia, MO.

05/2008      **Course Instructor**  
 University of Missouri, College of Education  
 High Flyer Teaching Award

08/2004      **Outstanding Student Research Award**  
 Received a financial honorarium award for *Master's Thesis Research* from 2004  
 APA Annual Convention, Division 17, Society of Counseling Psychology  
 CCPTP-SAG and Section on Ethnic and Racial Diversity (SERD)

Master's Thesis:

**Allen, G. E. K.** (2005). *Biracial identity development: A multivariate profile analysis and theoretical formulation of racial identity among biracial Polynesian/Caucasian individuals*. University of Utah, Department of Educational Psychology, Salt Lake City, UT

### PEER-REVIEWED JOURNAL ARTICLES

\*Student-led or co-authored

Wang, K. T., **Allen, G. E. K.**, \*Stokes, H., & \*Suh, H. N. (2017). Perfectionism in religion: Perceived Perfectionism from God Scale. *Journal of Religion and Health*.

**Allen, G. E. K.**, Conklin, H., & \*Kane, D. (2017). Racial discrimination and psychological health among Polynesians in the U.S. *Cultural Diversity and Ethnic Minority Psychology*.

\*Li, Z., Heath, M. A., Jackson, A. P., **Allen, G. E. K.**, Fischer, L., & Chan, P. (2017). Acculturation experiences of Chinese international students who attend American universities. *Professional Psychology: Research and Practice*, 48(1), 11.

**Allen, G. E. K.**, Cox, J., Smith, T. B., Griner, D., Beecher, M., \*Hafoka, O. (2016). Psychotherapy utilization and presenting concerns among Polynesian American college students. *The Counseling Psychologist*, 44 (1), 28-49.

**Allen, G. E. K.**, Kim, B. S. K., Smith, T. B., \*Hafoka, O. (2016). Counseling attitudes and stigma among Polynesian Americans. *The Counseling Psychologist*, 44 (1), 6-27.

\*Lea, T., Richards, P. S., \*Sanders, P. W., \*McBride, J. A., & **Allen, G. E. K.** (2015). Spiritual pathways to healing and recovery: An intensive single-N study of an eating disorder patient. *Spirituality in Clinical Practice*, 2(3), 191.

Richards, P. S., \*Sanders, P. W., \*Lea, T., \*McBride, J. A., & **Allen, G. E. K.** (2015). Bringing spiritually oriented psychotherapies into the health care mainstream: A call for worldwide collaboration. *Spirituality in Clinical Practice*, 2(3), 169.

\*Sanders, P. W., **Allen, G. E. K.**, Fischer, L., Richards, P. S., \*Morgan, D. T., & \*Potts, R. W. (2015). Intrinsic religiousness and spirituality as predictors of mental health and positive psychological functioning in Latter-day Saint adolescents and young adults. *Journal of Religion and Health*, 54(3), 871-887.

- Allen, G. E. K.**, Wang, K., & \*Stokes, H. (2015). Examining legalism, scrupulosity, family perfectionism and psychological adjustment among LDS individuals. *Mental Health, Religion & Culture*.
- Allen, G. E. K.**, & Smith, T. (2015). Collectivistic coping strategies for distress among Polynesian Americans. *Psychological Services*, 12, 3, 322–329.
- Allen, G. E. K.** & Hill, C. (2014). Exploring perceived attitudes of counseling between LDS religious leaders and mental health therapists. *Issues in Religion and Psychotherapy*, 36, 1, 71-82.
- Allen, G. E. K.** & Wang, K. (2014). Examining aspects of religiosity, perfectionism, scrupulosity, and well-being among LDS individuals. *Psychology of Religion and Spirituality*, 6, 3, 257-264.
- Allen, G. E. K.**, \*Garriott, P. O., Reyes, C. J. & \*Hsieh, C. (2013). Racial identity, phenotype, and self-esteem among biracial Polynesian/White individuals. *Family Relations*, 62, 82-91.
- \***Allen, G. E. K.** & Heppner, P. P. (2011). Religiosity, coping, and psychological well-being among Latter-Day Saint Polynesians in the U.S. *Asian American Journal of Psychology*, 2, 1, 13-24.
- \*Chaichanasakul, A., \*He, Y., \*Khairallah, T., \*Chen, H, \***Allen, G. E. K.**, & \*Ramos, K. (2011). Journal of Career Development: A citation analysis. *Journal of Career Development*.
- \*Chaichanasakul, A., \*He, Y., \*Chen, H. A., \***Allen, G. E. K.**, \*Khairallah, T. & \*Ramos, K. (2010). Journal of Career Development: A 36-year content analysis (1972-2007). *Journal of Career Development*.

## BOOK CHAPTERS

\*Student-led or co-authored

- Allen, G. E. K.**, Richards, P. S., & \*Lea, T. (2017). *Spiritually oriented psychotherapy for trauma and meaning-making among ethnically diverse individuals in the United States*. Elsevier Publication, Inc.
- Schramm, D. G., & **Allen, G. E. K.** (2014). Divorce and religion. In L. Ganong, M. Coleman, & G. J. Geoffrey (Eds.), *The Social History of the American Family*. Thousand Oaks, CA: SAGE Publications, Inc.

*Under Review*

- Allen, G. E. K.**, Hyde, S., Bozzelli, A., Rodgers, G. & Sagebin, F. Religiosity, perceived religious oppression, self-esteem, depression, and life satisfaction among LDS women.

**Allen, G. E. K.,** Wang, K., Meek, M. Religious discrimination scale: Development and initial psychometric evaluation.

*Works in Progress*

**Allen, G. E. K.** Psychotherapy expectations among Polynesian Americans.

**Allen, G. E. K.** Examining Native Hawaiian and Pacific Islander college student's alcohol use across racial groups.

**Allen, G. E. K.** Anxiety, depression, and spirituality: Ethnoracial comparisons in outcomes among Native Hawaiian and Pacific Islander college students.

**Allen, G. E. K.** Measuring the efficacy of culturally-specific psychotherapeutic interventions for Polynesian Americans.

**Allen, G. E. K.** Examining religious commitment ethnic identity, and satisfaction with life among LDS Polynesian Americans.

**REFEREED PRESENTATIONS**

\*Student-led or co-authored

\*Cline, J., \*Lefrandt, J., \*Gancinia, A., \*Kane, D., Larsen, R., & **Allen, G. E. K.** (2017). *Anxiety, depression, and the role of spirituality and religiosity among Native Hawaiians and Pacific Islander college students*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 17, CCPTP-SAG for SERD (Section on Ethnic and Racial Diversity).

\*Gancinia, A., \*Kane, D., \*Lefrandt, J., \*Cline, J., Tenney, S. & **Allen, G. E. K.** & (2017). *Humor: A culturally adaptive intervention for Polynesians*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.

\*Lefrandt, J., **Allen, G. E. K.**, \*Cline, J., \*Gancinia, A., & \*Kane, D. (2017). *Exploring Native Hawaiian and Pacific Islander college student alcohol use*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.

\*Cline, J., \*Lefrandt, J., \*Gancinia, A., \*Kane, D., Larsen, R., **Allen, G. E. K.** (2017). *Anxiety, depression, and the role of spirituality and religiosity among Native Hawaiians and Pacific Islander college students*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.

\*Kane, D., **Allen, G. E. K.**, \*Gancinia, A., \*Lefrandt, J., \*Cline, J. (2017). *Psychotherapy expectations and intentions among Polynesian Americans*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 45.

\*Rasmus, M. E., \*Paul, Y., **Allen, G. E. K.**, & Wang, K. (2017). *Perfect believer concepts and psychological well being among Latter-day Saints*. Poster presented at the 2017 APA Convention, Washington, DC, Div. 36.

- \*Kirchhoefer, J., Beecher, M. E., Griner, D., **Allen, G. E. K.**, Fischer, L., Smith, T.B. & Cox, J. (2016). *Psychotherapy Utilization Trends Among Latino Student Subgroups in a University Counseling Center*. Poster presented at the National Latino Psychological Association, Orlando, FL.
- Conklin, H., \*Hafoka, O. \*Kane, D. & **Allen, G. E. K.** (2016). *Counseling stigma and coping styles among Polynesians living in the U.S.* Poster presented at the 2016 AAPA Convention, Denver, CO.
- \*Hafoka, O. & **Allen, G. E. K.** (2016). *Psychological wellbeing among Tongan Americans*. Poster presented at the 2016 APA Convention, Denver, CO.
- \*Mok, K. Y. D., \*Rhees, N., Cox, J. & **Allen, G. E. K.** (2016). *After political violence: Psychological adjustment among adolescents and young adults in Hong Kong*. Poster presented at the 2016 APA Convention, Div. 56, Denver, CO.
- \*Mok, K. Y. D., \*Rhees, N., Cox, J. & **Allen, G. E. K.** (2016). *Modern-day slavery: Employment experience and psychological wellbeing of foreign domestic helpers in Hong Kong*. Poster presented at the 2016 APA Convention, Div. 35, Denver, CO.
- Allen, G. E. K.**, Conklin, H., \*Hafoka, O. & \*Kane, D. (2016). *Polynesian American psychology research: The pitfalls of ethnic lumping in research*. Symposium presented at the 2016 APA Convention, Denver, CO.
- \*Kane, D. K. & **Allen, G. E. K.** (2016). *Gratitude and forgiveness: Relational character strengths as predictors of well-being in Polynesians*. Poster presented at the 2016 APA Convention, Div. 45 poster session, Denver, CO.
- Allen, G. E. K.** & \*Kane, D. K. (2016). *Psychotherapy utilization and presenting concerns among Polynesian American students in a university counseling center*. Poster presented at the 47<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- \*Sanders, P., \*McBride, J., Richards, P. S., & **Allen, G. E. K.**, (2016). *Bridging the research-practice gap with a clinically adaptive internet-based outcome system*. Panel presentation at the 47<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- Richards, P. S., **Allen, G. E. K.**, \*McBride, J., & \*Sanders, P. (2016). *Bringing spiritually oriented psychotherapies into the health care mainstream: A call for worldwide collaboration*. Panel presentation at the 47<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- \*Kane, D. K. & **Allen, G. E. K.** (2016). *Self-stigma associated with seeking psychological help, self-esteem, and the buffering effect of gratitude in Polynesian Americans*. Poster presented at the 28th Annual Association for Psychological Science (APS) Convention in Chicago, IL.

- \*Kane, D. K. & **Allen, G. E. K.** (2016). *Spirituality, gratitude, and forgiveness: Predictors of well-being in Polynesian Americans*. Poster presented at the 2016 APA Division 36 Midyear Conference, Brooklyn, NY.
- Wang, K. T., \*Jacques, K. E., \*Schuberg, M. I., & **Allen, G. E. K.** (2016). *What Does Being Religiously Perfect Mean?* Poster presentation at the Christian Association for Psychological Studies (CAPS) Annual Conference: Los Angeles, CA.
- Allen, G. E. K.** (2015). *Spiritually-oriented psychotherapies for trauma and meaning for ethnically diverse individuals in the U.S.* Panel presentation given at the 2015 World Congress of Families IX, Salt Lake City, UT.
- Wang, K. T., **Allen, G. E. K.**, \*Stokes, H., & \*Suh, H. N. (2015). *Perceived perfectionism from God scale: Development and psychometric evaluation*. Poster presented at 2015 APA Convention, Div. 36 poster session, Toronto, CAN.
- Allen, G. E. K.**, Wang, K. T., & \*Stokes, H. (2015). *Examining legalism, scrupulosity, family perfectionism, and psychological adjustment among LDS individuals*. Poster presented at 2015 APA Convention, Div. 36 poster session, Toronto, CAN.
- \*Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., \*Aiono, M., Conklin, H., \*Hafoka, O., & **Allen, G. E. K.** (2015). *Family concerns, student concerns, and therapy outcome differences of Asian International and European American students*. Poster presented at 2015 APA Convention, Div. 45 poster session, Toronto, CAN.
- \*Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., \*Aiono, M., Conklin, H., \*Hafoka, O., & **Allen, G. E. K.** (2015). *Family concerns, student concerns, and therapy outcome differences of Asian International and European American female students*. Poster presented at 2015 APA Convention, Div. 35 poster session, Toronto, CAN.
- \*Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., \*Aiono, M., Conklin, H., \*Hafoka, O., & **Allen, G. E. K.** (2015). *Family concerns, student concerns, and therapy outcome differences of Asian International and European American female students*. Poster presented at 2015 AAPA Convention, Toronto, CAN.
- Conklin, H., \*Hafoka, O., \*Mok, K. Y. D., \*Aiono, M., \*Wright, D., Griner, D., Cox, J., Beecher, M., & **Allen, G. E. K.** (2015). *Discrimination and well-being among Polynesian Americans: Roles of anger and self-esteem*. Poster presented at 2015 APA Convention, Div. 45 poster session, Toronto, CAN.
- Conklin, H., \*Hafoka, O., \*Mok, K. Y. D., \*Aiono, M., \*Wright, D., Griner, D., Cox, J., Beecher, M., & **Allen, G. E. K.** (2015). *Discrimination and well-being among Polynesian Americans: Roles of anger and self-esteem*. Poster presented at 2015 AAPA Convention, Toronto, CAN.
- Wang, K. T., **Allen, G. E. K.**, \*Stokes, H., & \*Suh, H. N. (2015). *Perfectionism & religion: Different perspectives and scale development*. Paper presentation at the 9th Annual Psychology of Religion Conference: Beijing, China.

- \*Aiono, M., & **Allen, G. E. K.** (2015). *Psychological Well-Being Among Polynesian American Emerging Adults*. Presented at the Spring 2015 27th Annual Association for Psychological Science Conference, New York City, NY.
- \*Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., \*Aiono, M., Conklin, H., \*Hafoka, O., **Allen, G. E. K.** (2015). *Presenting concerns and therapy outcome of Asian International and European American female students*. Poster presented at the 2015 APS Convention, New York, NY.
- \*Mok, K. Y. D., Griner, D., Cox, J., Beecher, M., \*Aiono, M., Conklin, H., \*Hafoka, O., **Allen, G. E. K.** (2015). *Presenting concerns and therapy outcome of Asian International and European American students*. Poster presented at the 2015 APS Convention, New York, NY.
- \*Aiono, M., \*Hafoka, O, \*Mok, K. Y. D., \*Ripplinger, C., \*Scalese, A., **Allen, G. E. K.** (2015). *Examining religiosity and well-being among Polynesian Americans*. Poster presented at the 2015 APA Division 36 Midyear Conference: Psychology of Religion and Spirituality, Provo, UT.
- \*Cançado, R., \*McDonald, A., \*Sanders, P., **Allen, G. E. K.**, Judd, D., Richards, P.S., (2015). *Relationships among spirituality, mental health, and psychosocial functioning: An exploratory investigation in a young adult sample*. Paper presented at the 2015 APA Division 36 Midyear Conference: Psychology of Religion and Spirituality, Provo, UT.
- Griner, D., Conklin, H., \*Hafoka, O., \*Keung, S., \*Wright, D., Beecher, M., Cox, J., & **Allen, G. E. K.**, (2014). "What ails?" *A study of Polynesian American student concerns*. Poster at the American Psychological Association (APA) Convention, Washington, D.C.
- Allen, G. E. K.**, Conklin, H., \*Hafoka, O., Griner, D., \*Wright, D., \*Keung, S., & Beecher, M. (2014). *Collectivistic coping strategies for distress among Polynesian Americans*. Poster at the Asian American Psychological Association (AAPA) Convention, Washington, D.C.
- Allen, G. E. K.**, Hill, C., \*Sauceda, M., \*Hyde, S., \*Kelly, A., \*Rodgers, G., \*McDonald, A., \*Fortenberry, H. & \*Baruffi, S. (2013). *Examining perceptions of counseling between LDS religious leaders and mental health therapists*. Poster at the American Psychological Association (APA) Convention, Division: 36 - poster session, Honolulu, HI.
- Allen, G. E. K.**, Wang, K., \*Reid, D., \*Fortenberry, H., \*Kelly, A., \*Orton, K., \*Baruffi, S., & \*Coker, K. (2012). *Examining aspects of religiosity, perfectionism, scrupulosity, and well-being among Mormons*. Poster presented at the American Psychological Association (APA) Convention, Division: 36 poster session, Orlando, FL.
- Allen, G. E. K.** (2012). *Mormon Pacific Islanders: Religiosity, acculturation, coping, and well-being among immigrant Polynesians*. Paper presented at the Rocky Mountain Psychological Association Convention, Reno, NV.



- Allen, G. E. K.,** \*Reid, D., \*Fortenberry, H., \*Kelly, A., \*Orton, K., \*Baruffi, S., & \*Coker, K. (2012). *Examining aspects of religiosity, perfectionism, scrupulosity, and psychological well-being among LDS individuals*. Poster presented at the Rocky Mountain Psychological Association Convention, Reno, NV.
- Allen, G. E. K.,** \*Reid, D., \*Rodgers, G., \*Hyde, S., & \*Bozelli, A. (2012). *Exploring the impact of religiosity, religious oppression, self-esteem, and life satisfaction among Mormon women*. Paper presented at the Rocky Mountain Psychological Association Convention, Reno, NV.
- Allen, G. E. K.,** (2012). *Mormon Pacific Islanders: Religiosity, acculturation, coping, and psychological well-being among immigrant Polynesians*. Paper Presented at the Meeting of the Society for Cross-Cultural Research, Las Vegas, NV.
- Allen, G. E. K.** (2012). *Pacific Islander Identity Development: A multivariate profile analysis of Biracial Polynesian/White individuals*. Paper Presented at the Meeting of the Society for Cross-Cultural Research, Las Vegas, NV.
- Allen, G. E. K.,** (2011). *American Polynesians and psychological well-being*. Poster Presented in the Georgia Psychology Association Annual Meeting, Atlanta, GA.
- Allen, G. E. K.,** (2011). *Religiosity, coping, and psychological well-being among LDS Polynesians*. Poster Presented in Division 17 Session on Counseling Process Outcome and Training and Supervision at the American Psychological Association 2011 Annual Convention, Washington, DC.
- Allen, G. E. K.,** (2011). *Psychological well-being among LDS Polynesians in the Midwest*. Poster Presented at the 9<sup>th</sup> Annual Mid-Year Conference on Religion and Spirituality at Loyola Columbia Graduate Center in Columbia, MD.
- Allen, G. E. K.,** (2011). *Religiosity, collectivistic coping, self-acceptance, and purpose in life among Polynesians in the U.S.* Poster Presented at the Winter Roundtable Conference, Teachers College, Columbia University. New York, NY.
- Allen, G. E. K.,** (2010). *Religiosity, coping, and psychological well-being among LDS Polynesians*. Poster Presented at the Asian American Psychological Association 2010 Annual Convention, San Diego, CA.

**Allen, G. E. K.,** Reyes, C. J., \*Garriott, P.O., \*Hsieh, C. (2009). *Racial identity, phenotype, and self-esteem among biracial Polynesian/White individuals*. Poster presented at the 2009 National Multicultural Conference and Summit, New Orleans, LA.

\*Garriott, P. O., \*Chaichanasakul, A., \***Allen, G. E. K.**, \*He, Y., Mobley, M., & \*Khairallah, T. (2009). *Racial/ethnic minority and international counseling trainees' experiences in multicultural training: A phenomenological exploration*. Poster presented at the 2009 National Multicultural Conference and Summit, New Orleans, LA.

\*He, Y., \*Chaichanasakul, A., \*Khairallah, T., \***Allen, G. E. K.**, \*Chen, H., & \*Ramos, K. (2008). *JCD Content and Citation Analysis*. Poster Presented at the 2008 American Psychological Association Annual Convention, Boston, MA.

\*Chiao, H., \***Allen, G. E. K.**, \*He, Y., \*Kanagui, M., & \*Garriott, P.O. (2008). Benefits of the BCCIP to host students. In P.P. Heppner, & L.-F. Wang (Chairs). *Multiple Benefits of a Bidirectional Cross-Cultural Immersion Program*. Symposium conducted at the 2008 Annual American Psychological Association Convention, Boston, MA.

\***Allen, G. E. K.** (2004). *Biracial identity development: A multivariate profile analysis and theoretical formulation of racial identity among biracial Polynesian/Caucasian individuals*. Poster presented at the 2004 American Psychological Association Annual Convention: Division 17 Counseling Psychology CCPTP-SAG for SERD (Section on Ethnic and Racial Diversity), Honolulu, Hawaii.

Huebner, L., \*McAward, S., \*Wong, B., \***Allen, G. E. K.** (2004). *High-severity clients in counseling centers: Treatment course and outcomes*. Research study presented at the 2004 American Psychological Association Annual Convention: Division 17 Counseling Psychology, Honolulu, Hawaii.

## TEACHING EXPERIENCE

- 09/13-present      **Assistant Professor, Tenure-Track**  
 Department of Counseling Psychology and Special Education  
 Brigham Young University  
 CPSE 606: Scientific Foundations of Counseling Psychology  
 CPSE 679R: Counseling Psychology (Career) Practicum  
 CPSE 751: Counseling Multicultural and Diverse Populations  
 EdS 699R: Thesis  
 CPSE 750: Research Theory and Methods  
 CPSE 650: Advanced Social Psychology  
 CPSE 480: Multicultural Issues in Special Education
- 08/11-06/13      **Assistant Professor, Tenure-Track**  
 Department of Psychology  
 Southern Utah University  
 PSY 4340: Intro to Counseling and Psychotherapy  
 PSY 3410: Research Design  
 PSY 1110: Lifespan Development

PSY 3820: Human Relations in Group Dynamics  
 PSY 1010: General Psychology

08/07-05/08

**Co-Instructor**

Graduate Course: 8943 Applied Multicultural Interventions  
 Center for Multicultural Research, Training and Consultation  
 University of Missouri, Columbia, MO.

01/08-05/08

**Instructor**

Undergraduate Course: *Experiencing Cultural Diversity in the U.S.* (2 Sections). Center for Multicultural Research, Training and Consultation  
 University of Missouri, Columbia, MO.

**PROFESSIONAL MEMBERSHIPS AND POSITIONS**

1999-present

**American Psychological Association**

- Division 17, Society of Counseling Psychology (SCP) and Section on Ethnic and Racial Diversity (SERD).
- Division 45, Society for the Psychological Study of Ethnic Minority Issues

**ADMINISTRATIVE POSITIONS**

2014-present

**The Kaha Nui Summit: Annual BYU Polynesian Interdisciplinary Summit**

Founder and Director

Brigham Young University, Provo, UT

- The Summit seeks to highlight, showcase, and share interdisciplinary expertise, academic work, and professional knowledge of Polynesian individuals with other professionals, scholars, students, and community members across the state of Utah and surrounding areas.

2013-present

**Polynesian American Psychology Research – Founder**

Brigham Young University, Provo, UT

Department of Counseling Psychology and Special Education

- Poly Psi Team specializes in conducting, promoting, expanding, and disseminating the uniqueness and specificity of Polynesian American Psychology Research through valid and rigorous scientific methods.

08/11-08/13

**SUU Brazil Club Advisor**

Southern Utah University, Cedar City, UT

- Advise and provide guidance to SUU students who are fluent in the Portuguese language through club activities, events, leadership opportunities, fund raising, and charitable events. Assist group members in building unity and reaching out to the community to participate in service.

08/08-07/09

**Program Coordinator**

Wellness Resource Center in Student Life  
University of Missouri, Columbia, MO

- Updated curriculum, researched empirical evidence of alcohol use and affects of alcohol use. Organized weekly workshops and individual sessions. Trained future BASICS coordinators how to implement BASICS program at University of Missouri-St. Louis and trained them on MI interventions and techniques.

08/07-05/08

**Assistant Director**

Center for Multicultural Research, Training and Consultation  
University of Missouri, Columbia, MO

- *Supervisors:* P. Paul Heppner, Ph.D. and Lisa Y. Flores, Ph.D.
- *Responsibilities:* Roles of supervisor, instructor, liaison, manager, trainer, and researcher (over 14 staff members). Assisted in programming and logistical details of the annual Neville Multicultural Speakers Series (NMSS). Assisted in organizing and coordinating the 2007 BCCIP with visiting NTNU faculty and students. Assisted in gaining funding for NMSS, including solicitation, report writing and follow up responses to support sources. Assisted in solicitation of applications for Multicultural Teacher Scholars Program, Winter Roundtable Awards, Thesis and Dissertation Awards, and other Center events. Collected and reported evaluative data of events, practicum and supervision activities to Co-Directors

**UNIVERSITY COMMITTEE ACTIVITY****Brigham Young University**

2014 - 2016            McKay School of Education Multicultural Council

**Southern Utah University**

2012-2013            iPadagogy Committee  
2012-2013            Department Review Committee Chair  
2012-2013            Department Constitution Committee  
2011-2012            Master's Degree Exploratory Committee

**EXTERNAL COMMITTEE ACTIVITY**

2015 - present        Member of the **Scientific Affairs Advisory Board**, Division 17, Society of Counseling Psychology, American Psychological Association,

**EXTERNAL REVIEWER**

2016                    Open Theology  
2015                    International Journal for the Psychology of Religion  
2015                    Psychology of Religion and Spirituality

2014	Asian American Journal of Psychology
2013	Mental Health, Religion & Culture
2013	Canadian Journal of Behavioural Science
2013	Book Reviewer: Invited to review Ivey/Ivey/Zalaquett, Essentials for Intentional Interviewing, 2 <sup>nd</sup> Ed.
2012	Cultural Diversity and Ethnic Minority Psychology

## GRANTS AWARDED

2017	<p><b>John Templeton Foundation Grant</b>  Co-Investigator and Co-Director with Principal Investigator P. Scott Richards, Ph.D.,  Bringing Spiritually Oriented Psychotherapies into the Healthcare Mainstream.  Awarded <b>\$3,572,011</b> between 3/2017-3/2020</p>
2016	<p><b>Polynesian American Psychological Well-being and Adjustment</b>  McKay School of Education Research Grant  <b>\$26,272</b></p>
2016	<p><b>Mentoring Environment Grant (MEG)</b>  Co-Investigator with P. Scott Richards  Psychology, Religion, and Spirituality  <b>\$20,000</b></p>
2014	<p><b>John Templeton Foundation Grant</b>  Co-Investigator and Co-Director with Principal Investigator P. Scott Richards, Ph.D.  Bringing Spiritually Oriented Psychotherapies into the Healthcare Mainstream: A Preparatory Grant Proposal for an International Grant Competition  <b>\$207,460</b></p>
2014	<p><b>Religious Commitment and Well-being among Diverse Religious Individuals across the U.S.</b>  McKay School of Education Research Grant  <b>\$13,153</b></p>
2014	<p><b>Psychological Well-Being among Polynesian Americans</b>  McKay School of Education Research Grant  <b>\$22,190</b></p>
2013	<p><b>Bridges--A Research-Practice Network for Spiritually Oriented Psychotherapies</b>  David O. McKay School of Education: Research Cluster Funding  Co-collaborator  <b>\$60,000</b></p>

2012

**Faculty Scholarly and Development Support Fund**  
Southern Utah University  
Office of the Provost  
**\$1,562.00**

## **LANGUAGE SKILLS**

Languages (Written and Verbal)

- English (Fluent)
- Portuguese (Mostly fluent)
- Spanish (Moderately fluent)